

Training of the Correct Wudhu and Perfect Shalat

Submit by [humas3](#) on **December 03, 2012** | Comment(s) : **0** | View : **12619**



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About 1200 academic community members of Universitas Brawijaya (UB) attend Training of the Correct Wudlu and Perfect Shalat to reach Khusyu Shalat in Samantha Krida, on Monday (3/12). The training is an event conducted by Center of Religious Studies (PPA) to develop the spirit of UB community with good characteristics.

M Subky Hasby MAg as the head of committee said that the event is held as an implementation of Islam Education course (PAI), aside from improving faith.

"All this time, students only get 3 credits of PAI, while there are four years of college education, so that there should be more guidance for students, one of which is by such training," he said.

Head of PPA Prof Dr Tohir Luth MA, hopes that the training can give meaning to shalat as one of the routine worship activities performed for Allah, not only because of obligation.

"The intention for Allah makes shalat become meaningful in producing pious character, individually and socially," he said.

The training participant then received theory and practice guided by Ustad H. Ahmad Tefur Sayidi, S.Si from 27 IMITRA Training Center Indonesia Team.

Ustad Ahmad conveyed that congregational shalat in masjid was an activity that must not be forgotten because it was an order from Allah and Rasulullah.

"Congregational shalat in masjid will give multiple merits, every steps to masjid in wudlu condition will increase one degree of our level and our sins be forgiven, and the angels pray for us," he said.

On the practice session, participants are guided to perform wudhu as exemplified by Rasulullah from the intention, reading basmallah, washing palms, mouthwash, washing nose, washing face, washing arms, rub head and ears, and wash both feet three times in order.

"Intention is spelled in mind and verbally, and precedence to the right parts on wudhu," Ustad Ahmad said.

While on the shalat practice, the participants are guided from the standing position, facing kiblat with eye to the sujud spot, when raising hand, the position of fingers are straight up as high as ears, along with takbir, and folding arms on chest, with right fingers holding left arm.

Ruku position is preceded by raising hands and takbir. Palms on knees with open hand, and flattening the back. On sujud position, the hand is touching the floor at first, and then the fingers to kiblat direction and tight. Foot is straight, nose stick to the floor, and hand is aligned to ears.

Iftirasy (tahyat awal) sitting position is sitting on left foot, uphold right foot palm, and fingers on kiblat direction. On sign, point index finger to kiblat. Thumb on middle finger, and view to index finger. While on tawaruk (tahyat akhir) position, the sitting is on floor, upholding right foot palm, and foot fingers on kiblat direction. Shalat is closed with view to the right until the cheek can be seen from behind, and to the left. [rian/translated by yasmeen]

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